

The PE curriculum is planned covering the skills and knowledge content from the National Curriculum for KS1 and KS2 and the EYFS for the Foundation Stage.

In the early years, PE is taught through dance, gymnastics and multi-skills. In KS1 children build on these skills and develop and apply them to small sided games. In KS2 the core skills are developed and applied in games, gymnastics and dance.

Competence in swimming is taught in years 3 and 4. At the end of KS2 pupils are expected to swim competently, confidently and proficiently over a distance of at least 25 metres; use a range of strokes effectively and perform safe self-rescue in different water-based situations. There is additional provision for those pupils in year 5 who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons.

We endeavour to help children understand that PE and sport are an important part of a healthy, active lifestyle. To help achieve the Chief Medical Officer guidelines that primary school children engage in at least 30 / 60 minutes of physical activity a day in school we aim for each class to run / walk a kilometre a day outside on our all-weather running track. It is sociable and fun, encourages children to be aware of their health and is fully inclusive, whatever their circumstances, age or ability.

Opportunities are provided for the children to participate in competitive activities as individuals and as part of a team. These include: netball, tag rugby, football, rounders, indoor bowls, athletics, alternative sports, cross country and dance. We offer a variety of after school clubs such as: football, dance, running, multi-sports, netball, athletics, rounders and tag-rugby.

Once a half term the children from year 1 to year 6 have the opportunity to participate in a range of different sports in our enrichment afternoons. Activities on offer include: orienteering, seated volleyball and dodgeball as well as football, rugby, basketball and hockey.

Some of our year 5 and year 6 children have participated in Sports Crew Training with the aim for pupils to lead activities at playtimes and lunchtimes; to lead younger children in curriculum time and to train others in their year group.

Finally, we aim to embed the spirit of the games core values of: honesty, teamwork, respect, self-belief, passion and determination and a love of PE and sport which they will maintain throughout their lives.

School Sports Premium

The School Sports Premium has provided opportunities for PE and Sport to be enhanced and developed giving opportunities for all to experience high quality PE and sport.

Curriculum Overview

	Autumn		Spring		Summer	
Nazareth Year 1	Gymnastics	Dance	Dance	Gymnastics	Gymnastics	
	Large ball skills and games	Multiskills: Throwing and catching	Bat and ball skills	Developing partner work	Bat and ball skills	Athletics
Galilee Year 2	Gymnastics	Dance	Dance	Gymnastics	Athletics	Athletics
	Multiskills: Ball skills	Multiskills: Ball skills	Invasion Games: Rugby	Invasion Games: Rugby:	Net and Wall: Tennis	Net and Wall: Tennis
Jericho Year 3	Dance	Gymnastics	Gymnastics	Dance	Athletics	Athletics
	Striking and Fielding	Invasion Games	OAA	Swimming	Swimming	
Bethany Year 4	Gymnastics	Gymnastics	Dance	Dance	Athletics	Gymnastics
	Swimming		Swimming	Net and Wall: Volleyball	Striking and Fielding: Cricket	Athletics
Emmaus Year 5	Gymnastics	Dance	Dance	Gymnastics	Athletics	Gymnastics
	Invasion Games: Basketball	Invasion games: Tag Rugby	Invasion games: Hockey	OAA	Striking and Fielding: Rounders	Athletics
Damascus Year 6	Dance	Gymnastics	Dance	Gymnastics	Athletics	Dance
	Invasion Games: Tag Rugby	Invasion Games: Netball	Invasion games: Hockey	Net and wall: Tennis	Striking and Fielding: Rounders	Athletics